

Food Group: Snacks

Here you can find links to MedRat NutriArchives (one of the world's largest collections of food composition Web pages!) food composition Web pages, based on USDA National Nutrient Database for Standard Reference, Release 20 (SR20). There are 134 food items (arranged in alphabetical order) for food group, "Snacks", in SR20. However, there are 7519 food items in all food groups included in SR20. NDB# is the 5-digit Nutrient Databank number that uniquely identifies a food item.

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Based on USDA National Nutrient Database for Standard Reference, Release 20 (SR20)

1. [Breakfast bar, corn flake crust with fruit \(NDB#: 43595\)](#)
2. [Breakfast bars, oats, sugar, raisins, coconut \(include granola bar\) \(NDB#: 43100\)](#)
3. [Cheese puffs and twists, corn based, low fat \(NDB#: 19434\)](#)
4. [Formulated Bar, MASTERFOODS USA, COCOAVIA, Chocolate Almond Snack Bar \(NDB#: 25010\)](#)
5. [Formulated Bar, MASTERFOODS USA, COCOAVIA, Chocolate Blueberry Snack Bar \(NDB#: 25018\)](#)
6. [Formulated Bar, MASTERFOODS USA, SNICKERS Marathon Chewy Chocolate Peanut Bar \(NDB#: 25004\)](#)
7. [Formulated Bar, MASTERFOODS USA, SNICKERS Marathon Double Chocolate Nut Bar \(NDB#: 25006\)](#)
8. [Formulated Bar, MASTERFOODS USA, SNICKERS Marathon Energy Bar, all flavors \(NDB#: 25016\)](#)
9. [Formulated Bar, MASTERFOODS USA, SNICKERS Marathon Honey Nut Oat Bar \(NDB#: 25008\)](#)
10. [Formulated Bar, MASTERFOODS USA, SNICKERS MARATHON Protein Performance Bar, Caramel Nut Rush \(NDB#: 25015\)](#)
11. [Formulated Bar, MASTERFOODS USA, SNICKERS Marathon Multi Grain Crunch Bar \(NDB#: 25005\)](#)
12. [Formulated bar, POWER BAR, chocolate \(NDB#: 25017\)](#)
13. [Granola bar, soft, milk chocolate coated, peanut butter \(NDB#: 42139\)](#)
14. [Popcorn, microwave, low fat and sodium \(NDB#: 43572\)](#)
15. [Popcorn, sugar syrup/caramel, fat-free \(NDB#: 19436\)](#)
16. [Potato chips, without salt, reduced fat \(NDB#: 19823\)](#)
17. [Pretzels, soft \(NDB#: 43109\)](#)
18. [Pretzels, soft, unsalted \(NDB#: 25024\)](#)

19. [Rice cake, cracker \(include hain mini rice cakes\) \(NDB#: 42204\)](#)
20. [Snacks, banana chips \(NDB#: 19400\)](#)
21. [Snacks, beef jerky, chopped and formed \(NDB#: 19002\)](#)
22. [Snacks, beef sticks, smoked \(NDB#: 19407\)](#)
23. [Snacks, CHEX mix \(NDB#: 19033\)](#)
24. [Snacks, corn cakes, very low sodium \(NDB#: 19800\)](#)
25. [Snacks, corn-based, extruded, chips, barbecue-flavor \(NDB#: 19004\)](#)
26. [Snacks, corn-based, extruded, chips, barbecue-flavor, made with enriched masa flour \(NDB#: 19804\)](#)
27. [Snacks, corn-based, extruded, chips, plain \(NDB#: 19003\)](#)
28. [Snacks, corn-based, extruded, chips, unsalted \(NDB#: 43447\)](#)
29. [Snacks, corn-based, extruded, cones, nacho-flavor \(NDB#: 19006\)](#)
30. [Snacks, corn-based, extruded, cones, plain \(NDB#: 19005\)](#)
31. [Snacks, corn-based, extruded, onion-flavor \(NDB#: 19007\)](#)
32. [Snacks, corn-based, extruded, puffs or twists, cheese-flavor \(NDB#: 19008\)](#)
33. [Snacks, corn-based, extruded, puffs or twists, cheese-flavor, unenriched \(NDB#: 19802\)](#)
34. [Snacks, cornnuts, barbecue-flavor \(NDB#: 19401\)](#)
35. [Snacks, cornnuts, nacho-flavor \(NDB#: 19402\)](#)
36. [Snacks, crisped rice bar, chocolate chip \(NDB#: 19010\)](#)
37. [Snacks, DOO DADS snack mix, original flavor \(NDB#: 19032\)](#)
38. [Snacks, FARLEY CANDY, FARLEY Fruit Snacks, with vitamins A, C, and E \(NDB#: 19272\)](#)
39. [Snacks, FRITOLAY, SUNCHIPS, Multigrain Snack, original flavor \(NDB#: 25013\)](#)
40. [Snacks, GENERAL MILLS, BETTY CROCKER Fruit Roll Ups, berry flavored, with vitamin C \(NDB#: 19269\)](#)
41. [Snacks, granola bar, fruit-filled, nonfat \(NDB#: 19435\)](#)
42. [Snacks, granola bar, with coconut, chocolate coated \(NDB#: 42272\)](#)
43. [Snacks, granola bars, hard, almond \(NDB#: 19016\)](#)
44. [Snacks, granola bars, hard, chocolate chip \(NDB#: 19017\)](#)
45. [Snacks, granola bars, hard, peanut \(NDB#: 19019\)](#)
46. [Snacks, granola bars, hard, peanut butter \(NDB#: 19420\)](#)
47. [Snacks, granola bars, hard, plain \(NDB#: 19015\)](#)
48. [Snacks, granola bars, oats, fruits and nut \(NDB#: 19023\)](#)
49. [Snacks, granola bars, soft, coated, milk chocolate coating, chocolate chip \(NDB#: 19024\)](#)
50. [Snacks, granola bars, soft, coated, milk chocolate coating, peanut butter \(NDB#: 19026\)](#)
51. [Snacks, granola bars, soft, uncoated, chocolate chip \(NDB#: 19404\)](#)
52. [Snacks, granola bars, soft, uncoated, chocolate chip, graham and marshmallow \(NDB#: 19405\)](#)
53. [Snacks, granola bars, soft, uncoated, nut and raisin \(NDB#: 19406\)](#)
54. [Snacks, granola bars, soft, uncoated, peanut butter \(NDB#: 19021\)](#)
55. [Snacks, granola bars, soft, uncoated, peanut butter and chocolate chip \(NDB#: 19027\)](#)
56. [Snacks, granola bars, soft, uncoated, plain \(NDB#: 19020\)](#)
57. [Snacks, granola bars, soft, uncoated, raisin \(NDB#: 19022\)](#)
58. [Snacks, KELLOGG, KELLOGG'S Low Fat Granola Bar, Crunchy Almond/Brown Sugar \(NDB#: 19439\)](#)
59. [Snacks, KELLOGG, KELLOGG'S NUTRI-GRAIN Cereal Bars, fruit-filled \(NDB#: 19441\)](#)
60. [Snacks, KELLOGG, KELLOGG'S RICE KRISPIES TREATS Squares \(NDB#: 19438\)](#)
61. [Snacks, KRAFT, CORNNUTS, plain \(NDB#: 19009\)](#)
62. [Snacks, M&M MARS, KUDOS Whole Grain Bar, chocolate chip \(NDB#: 19440\)](#)
63. [Snacks, M&M MARS, KUDOS Whole Grain Bar, M&M's milk chocolate \(NDB#: 25009\)](#)
64. [Snacks, M&M MARS, KUDOS Whole Grain Bars, peanut butter \(NDB#: 25007\)](#)
65. [Snacks, oriental mix, rice-based \(NDB#: 19031\)](#)

66. [Snacks, popcorn, air-popped \(NDB#: 19034\)](#)
67. [Snacks, popcorn, air-popped, white popcorn \(NDB#: 19806\)](#)
68. [Snacks, popcorn, cakes \(NDB#: 19036\)](#)
69. [Snacks, popcorn, caramel-coated, with peanuts \(NDB#: 19038\)](#)
70. [Snacks, popcorn, caramel-coated, without peanuts \(NDB#: 19039\)](#)
71. [Snacks, popcorn, cheese-flavor \(NDB#: 19040\)](#)
72. [Snacks, popcorn, microwave, 94% fat free \(NDB#: 25000\)](#)
73. [Snacks, popcorn, microwave, butter flavor \(NDB#: 25014\)](#)
74. [Snacks, popcorn, microwave, low fat \(NDB#: 25001\)](#)
75. [Snacks, popcorn, oil-popped, microwave, regular flavor \(NDB#: 19035\)](#)
76. [Snacks, popcorn, oil-popped, unsalted \(NDB#: 42259\)](#)
77. [Snacks, popcorn, oil-popped, white popcorn \(NDB#: 19807\)](#)
78. [Snacks, popcorn, unpopped kernels \(NDB#: 25002\)](#)
79. [Snacks, pork skins, barbecue-flavor \(NDB#: 19408\)](#)
80. [Snacks, pork skins, plain \(NDB#: 19041\)](#)
81. [Snacks, potato chips, barbecue-flavor \(NDB#: 19042\)](#)
82. [Snacks, potato chips, cheese-flavor \(NDB#: 19421\)](#)
83. [Snacks, potato chips, fat free, salted \(NDB#: 19437\)](#)
84. [Snacks, potato chips, fat-free, made with olestra \(NDB#: 19423\)](#)
85. [Snacks, potato chips, made from dried potatoes, cheese-flavor \(NDB#: 19412\)](#)
86. [Snacks, potato chips, made from dried potatoes, fat-free, made with olestra \(NDB#: 19445\)](#)
87. [Snacks, potato chips, made from dried potatoes, light \(NDB#: 19045\)](#)
88. [Snacks, potato chips, made from dried potatoes, plain \(NDB#: 19410\)](#)
89. [Snacks, potato chips, made from dried potatoes, sour-cream and onion-flavor \(NDB#: 19046\)](#)
90. [Snacks, potato chips, plain, made with partially hydrogenated soybean oil, salted \(NDB#: 19809\)](#)
91. [Snacks, potato chips, plain, made with partially hydrogenated soybean oil, unsalted \(NDB#: 19810\)](#)
92. [Snacks, potato chips, plain, salted \(NDB#: 19411\)](#)
93. [Snacks, potato chips, plain, unsalted \(NDB#: 19811\)](#)
94. [Snacks, potato chips, reduced fat \(NDB#: 19422\)](#)
95. [Snacks, potato chips, sour-cream-and-onion-flavor \(NDB#: 19043\)](#)
96. [Snacks, potato chips, white, restructured, baked \(NDB#: 42283\)](#)
97. [Snacks, potato sticks \(NDB#: 19415\)](#)
98. [Snacks, pretzels, hard, confectioner's coating, chocolate-flavor \(NDB#: 19048\)](#)
99. [Snacks, pretzels, hard, plain, made with enriched flour, unsalted \(NDB#: 19814\)](#)
100. [Snacks, pretzels, hard, plain, made with unenriched flour, salted \(NDB#: 19812\)](#)
101. [Snacks, pretzels, hard, plain, made with unenriched flour, unsalted \(NDB#: 19813\)](#)
102. [Snacks, pretzels, hard, plain, salted \(NDB#: 19047\)](#)
103. [Snacks, pretzels, hard, whole-wheat \(NDB#: 19050\)](#)
104. [Snacks, rice cakes, brown rice, buckwheat \(NDB#: 19052\)](#)
105. [Snacks, rice cakes, brown rice, buckwheat, unsalted \(NDB#: 19817\)](#)
106. [Snacks, rice cakes, brown rice, corn \(NDB#: 19413\)](#)
107. [Snacks, rice cakes, brown rice, multigrain \(NDB#: 19414\)](#)
108. [Snacks, rice cakes, brown rice, multigrain, unsalted \(NDB#: 19818\)](#)
109. [Snacks, rice cakes, brown rice, plain \(NDB#: 19051\)](#)
110. [Snacks, rice cakes, brown rice, plain, unsalted \(NDB#: 19816\)](#)
111. [Snacks, rice cakes, brown rice, rye \(NDB#: 19416\)](#)
112. [Snacks, rice cakes, brown rice, sesame seed \(NDB#: 19053\)](#)
113. [Snacks, rice cakes, brown rice, sesame seed, unsalted \(NDB#: 19819\)](#)
114. [Snacks, sesame sticks, wheat-based, salted \(NDB#: 19418\)](#)

115. [Snacks, sesame sticks, wheat-based, unsalted \(NDB#: 19820\)](#)
116. [Snacks, soy chips or crisps, salted \(NDB#: 25025\)](#)
117. [Snacks, sweet potato chips \(NDB#: 25012\)](#)
118. [Snacks, taro chips \(NDB#: 19524\)](#)
119. [Snacks, tortilla chips, light \(baked with less oil\) \(NDB#: 43566\)](#)
120. [Snacks, tortilla chips, low fat, made with olestra, nacho cheese \(NDB#: 19444\)](#)
121. [Snacks, tortilla chips, low fat, unsalted \(NDB#: 19833\)](#)
122. [Snacks, tortilla chips, nacho cheese \(NDB#: 19057\)](#)
123. [Snacks, tortilla chips, nacho-flavor, made with enriched masa flour \(NDB#: 19857\)](#)
124. [Snacks, tortilla chips, nacho-flavor, reduced fat \(NDB#: 19424\)](#)
125. [Snacks, tortilla chips, plain, white corn \(NDB#: 19056\)](#)
126. [Snacks, tortilla chips, ranch-flavor \(NDB#: 19058\)](#)
127. [Snacks, tortilla chips, taco-flavor \(NDB#: 19063\)](#)
128. [Snacks, tortilla chips, unsalted, white corn \(NDB#: 43364\)](#)
129. [Snacks, trail mix, regular \(NDB#: 19059\)](#)
130. [Snacks, trail mix, regular, unsalted \(NDB#: 19821\)](#)
131. [Snacks, trail mix, regular, with chocolate chips, salted nuts and seeds \(NDB#: 19062\)](#)
132. [Snacks, trail mix, regular, with chocolate chips, unsalted nuts and seeds \(NDB#: 19822\)](#)
133. [Snacks, trail mix, tropical \(NDB#: 19061\)](#)
134. [Tortilla chips, low fat, baked without fat \(NDB#: 19433\)](#)

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