

## Food Group: Sweets

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Here you can find links to MedRat NutriArchives (one of the world's largest collections of food composition Web pages!) food composition Web pages, based on USDA National Nutrient Database for Standard Reference, Release 20 (SR20). There are 334 food items (arranged in alphabetical order) for food group, "Sweets", in SR20. However, there are 7519 food items in all food groups included in SR20. **NDB#** is the 5-digit Nutrient Databank number that uniquely identifies a food item.

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Based on USDA National Nutrient Database for Standard Reference, Release 20 (SR20)

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1. [Baking chocolate, MASTERFOODS USA, M&M's Milk Chocolate Mini Baking Bits \(NDB#: 19146\)](#)
2. [Baking chocolate, MASTERFOODS USA, M&M's Semisweet Chocolate Mini Baking Bits \(NDB#: 19139\)](#)
3. [Baking chocolate, mexican, squares \(NDB#: 19124\)](#)
4. [Baking chocolate, unsweetened, liquid \(NDB#: 19077\)](#)
5. [Baking chocolate, unsweetened, squares \(NDB#: 19078\)](#)
6. [Candies, ALMOND JOY BITES \(NDB#: 19248\)](#)
7. [Candies, 5TH AVENUE Candy Bar \(NDB#: 19098\)](#)
8. [Candies, ALMOND JOY Candy Bar \(NDB#: 19065\)](#)
9. [Candies, butterscotch \(NDB#: 19070\)](#)
10. [Candies, CAMELLO Candy Bar \(NDB#: 19075\)](#)
11. [Candies, caramels \(NDB#: 19074\)](#)
12. [Candies, caramels, chocolate-flavor roll \(NDB#: 19076\)](#)
13. [Candies, carob, unsweetened \(NDB#: 19071\)](#)
14. [Candies, chocolate covered, caramel with nuts \(NDB#: 43031\)](#)
15. [Candies, chocolate covered, dietetic or low calorie \(NDB#: 43059\)](#)
16. [Candies, confectioner's coating, butterscotch \(NDB#: 19085\)](#)
17. [Candies, confectioner's coating, peanut butter \(NDB#: 19086\)](#)
18. [Candies, confectioner's coating, yogurt \(NDB#: 19079\)](#)
19. [Candies, dark chocolate coated coffee beans \(NDB#: 19268\)](#)
20. [Candies, divinity, prepared-from-recipe \(NDB#: 19384\)](#)
21. [Candies, fondant, prepared-from-recipe \(NDB#: 19099\)](#)
22. [Candies, fudge, chocolate marshmallow, prepared-from-recipe \(NDB#: 19379\)](#)

23. [Candies, fudge, chocolate marshmallow, with nuts, prepared-by-recipe \(NDB#: 19301\)](#)
24. [Candies, fudge, chocolate, prepared-from-recipe \(NDB#: 19100\)](#)
25. [Candies, fudge, chocolate, with nuts, prepared-from-recipe \(NDB#: 19101\)](#)
26. [Candies, fudge, peanut butter, prepared-from-recipe \(NDB#: 19102\)](#)
27. [Candies, fudge, vanilla with nuts \(NDB#: 19104\)](#)
28. [Candies, fudge, vanilla, prepared-from-recipe \(NDB#: 19103\)](#)
29. [Candies, gum drops, dietetic or low calorie \(sorbitol\) \(NDB#: 43057\)](#)
30. [Candies, gumdrops, starch jelly pieces \(NDB#: 19106\)](#)
31. [Candies, halavah, plain \(NDB#: 19117\)](#)
32. [Candies, hard \(NDB#: 19107\)](#)
33. [Candies, hard, dietetic or low calorie \(sorbitol\) \(NDB#: 43058\)](#)
34. [Candies, HEATH BITES \(NDB#: 19243\)](#)
35. [Candies, HERSHEY, KIT KAT BIG KAT Bar \(NDB#: 19250\)](#)
36. [Candies, HERSHEY, REESESTICKS crispy wafers, peanut butter, milk chocolate \(NDB#: 19249\)](#)
37. [Candies, HERSHEY'S GOLDEN ALMOND SOLITAIRES \(NDB#: 19084\)](#)
38. [Candies, HERSHEY'S MILK CHOCOLATE WITH ALMOND BITES \(NDB#: 19236\)](#)
39. [Candies, HERSHEY'S POT OF GOLD Almond Bar \(NDB#: 19130\)](#)
40. [Candies, jellybeans \(NDB#: 19108\)](#)
41. [Candies, KIT KAT BITES \(NDB#: 19237\)](#)
42. [Candies, KIT KAT Wafer Bar \(NDB#: 19109\)](#)
43. [Candies, KRACKEL Chocolate Bar \(NDB#: 19110\)](#)
44. [Candies, marshmallows \(NDB#: 19116\)](#)
45. [Candies, MASTERFOODS USA, 3 MUSKETEERS Bar \(NDB#: 19159\)](#)
46. [Candies, MASTERFOODS USA, COCOAVIA Blueberry and Almond Chocolate Bar \(NDB#: 19327\)](#)
47. [Candies, MASTERFOODS USA, COCOAVIA Chocolate Bar \(NDB#: 19326\)](#)
48. [Candies, MASTERFOODS USA, COCOAVIA Chocolate Covered Almonds \(NDB#: 19897\)](#)
49. [Candies, MASTERFOODS USA, COCOAVIA Crispy Chocolate Bar \(NDB#: 19328\)](#)
50. [Candies, MASTERFOODS USA, DOVE Dark Chocolate \(NDB#: 19255\)](#)
51. [Candies, MASTERFOODS USA, DOVE Milk Chocolate \(NDB#: 19254\)](#)
52. [Candies, MASTERFOODS USA, M&M's Almond Chocolate Candies \(NDB#: 42227\)](#)
53. [Candies, MASTERFOODS USA, M&M's Crispy Chocolate Candies \(NDB#: 19292\)](#)
54. [Candies, MASTERFOODS USA, M&M's Milk Chocolate Candies \(NDB#: 19141\)](#)
55. [Candies, MASTERFOODS USA, M&M's MINIs Milk Chocolate Candies \(NDB#: 19157\)](#)
56. [Candies, MASTERFOODS USA, M&M's Peanut Butter Chocolate Candies \(NDB#: 42148\)](#)
57. [Candies, MASTERFOODS USA, M&M's Peanut Chocolate Candies \(NDB#: 19140\)](#)
58. [Candies, MASTERFOODS USA, MARS Almond Bar \(NDB#: 19115\)](#)
59. [Candies, MASTERFOODS USA, MILKY WAY Bar \(NDB#: 19135\)](#)
60. [Candies, MASTERFOODS USA, MILKY WAY Caramels, milk chocolate covered \(NDB#: 19256\)](#)
61. [Candies, MASTERFOODS USA, MILKY WAY Caramels, dark chocolate covered \(NDB#: 19258\)](#)
62. [Candies, MASTERFOODS USA, MILKY WAY Midnight Bar \(NDB#: 42196\)](#)
63. [Candies, MASTERFOODS USA, POP'ABLES 3 MUSKETEERS Brand Bite Size Candies \(NDB#: 19308\)](#)
64. [Candies, MASTERFOODS USA, POP'ABLES MILKY WAY Brand Bite Size Candies \(NDB#: 19307\)](#)
65. [Candies, MASTERFOODS USA, POP'ABLES SNICKERS Brand Bite Size Candies \(NDB#: 19306\)](#)
66. [Candies, MASTERFOODS USA, SKITTLES Original Bite Size Candies \(NDB#: 19370\)](#)

67. [Candies, MASTERFOODS USA, SKITTLES Sours Original \(NDB#: 19369\)](#)
68. [Candies, MASTERFOODS USA, SKITTLES Tropical Bite Size Candies \(NDB#: 19368\)](#)
69. [Candies, MASTERFOODS USA, SKITTLES Wild Berry Bite Size Candies \(NDB#: 19363\)](#)
70. [Candies, MASTERFOODS USA, SNICKERS Almond bar \(NDB#: 19302\)](#)
71. [Candies, MASTERFOODS USA, SNICKERS Bar \(NDB#: 19155\)](#)
72. [Candies, MASTERFOODS USA, SNICKERS CRUNCHER \(NDB#: 19359\)](#)
73. [Candies, MASTERFOODS USA, SNICKERS MUNCH bar \(NDB#: 19295\)](#)
74. [Candies, MASTERFOODS USA, STARBURST Fruit Chews, Fruit and Creme \(NDB#: 19309\)](#)
75. [Candies, MASTERFOODS USA, STARBURST Fruit Chews, Original fruits \(NDB#: 19156\)](#)
76. [Candies, MASTERFOODS USA, STARBURST Fruit Chews, Tropical fruits \(NDB#: 19313\)](#)
77. [Candies, MASTERFOODS USA, STARBURST Sour Fruit Chews \(NDB#: 19315\)](#)
78. [Candies, MASTERFOODS USA, TWIX Caramel Cookie Bars \(NDB#: 19160\)](#)
79. [Candies, MASTERFOODS USA, TWIX chocolate fudge cookie bars \(NDB#: 42183\)](#)
80. [Candies, MASTERFOODS USA, TWIX Peanut Butter Cookie Bars \(NDB#: 19161\)](#)
81. [Candies, milk chocolate \(NDB#: 19120\)](#)
82. [Candies, milk chocolate coated coffee beans \(NDB#: 19279\)](#)
83. [Candies, milk chocolate coated peanuts \(NDB#: 19126\)](#)
84. [Candies, milk chocolate coated raisins \(NDB#: 19127\)](#)
85. [Candies, milk chocolate, with almonds \(NDB#: 19132\)](#)
86. [Candies, milk chocolate, with rice cereal \(NDB#: 19134\)](#)
87. [Candies, MOUNDS Candy Bar \(NDB#: 19142\)](#)
88. [Candies, MR. GOODBAR Chocolate Bar \(NDB#: 19143\)](#)
89. [Candies, NESTLE, 100 GRAND Bar \(NDB#: 19144\)](#)
90. [Candies, NESTLE, AFTER EIGHT Mints \(NDB#: 19153\)](#)
91. [Candies, NESTLE, BABY RUTH Bar \(NDB#: 19111\)](#)
92. [Candies, NESTLE, BIT-O'-HONEY Candy Chews \(NDB#: 19068\)](#)
93. [Candies, NESTLE, BUTTERFINGER Bar \(NDB#: 19069\)](#)
94. [Candies, NESTLE, CHUNKY Bar \(NDB#: 19119\)](#)
95. [Candies, NESTLE, CRUNCH Bar and Dessert Topping \(NDB#: 19145\)](#)
96. [Candies, NESTLE, GOOBERS Chocolate Covered Peanuts \(NDB#: 19105\)](#)
97. [Candies, NESTLE, OH HENRY! Bar \(NDB#: 19118\)](#)
98. [Candies, NESTLE, RAISINETS Chocolate Covered Raisins \(NDB#: 19149\)](#)
99. [Candies, nougat, with almonds \(NDB#: 43046\)](#)
100. [Candies, peanut bar \(NDB#: 19147\)](#)
101. [Candies, peanut brittle, prepared-from-recipe \(NDB#: 19148\)](#)
102. [Candies, praline, prepared-from-recipe \(NDB#: 19216\)](#)
103. [Candies, REESE'S BITES \(NDB#: 19238\)](#)
104. [Candies, REESE'S Fast Break, milk chocolate, peanut butter, soft nougats, candy bar \(NDB#: 19896\)](#)
105. [Candies, REESE'S NUTRAGEOUS Candy Bar \(NDB#: 19239\)](#)
106. [Candies, REESE'S Peanut Butter Cups \(NDB#: 19150\)](#)
107. [Candies, REESE'S PIECES Candy \(NDB#: 19151\)](#)
108. [Candies, REESE'S, FAST BREAK, milk chocolate peanut butter and soft nougats \(NDB#: 19252\)](#)
109. [Candies, ROLO Caramels in Milk Chocolate \(NDB#: 19152\)](#)
110. [Candies, semisweet chocolate \(NDB#: 19080\)](#)
111. [Candies, semisweet chocolate, made with butter \(NDB#: 19701\)](#)
112. [Candies, sesame crunch \(NDB#: 19154\)](#)
113. [Candies, SKOR Toffee Bar \(NDB#: 19136\)](#)

114. [Candies, soft fruit and nut squares \(NDB#: 19866\)](#)
115. [Candies, SPECIAL DARK Chocolate Bar \(NDB#: 19164\)](#)
116. [Candies, sugar-coated almonds \(NDB#: 19858\)](#)
117. [Candies, sweet chocolate \(NDB#: 19081\)](#)
118. [Candies, sweet chocolate coated fondant \(NDB#: 19083\)](#)
119. [Candies, SYMPHONY Milk Chocolate Bar \(NDB#: 19093\)](#)
120. [Candies, taffy, prepared-from-recipe \(NDB#: 19382\)](#)
121. [Candies, toffee, prepared-from-recipe \(NDB#: 19383\)](#)
122. [Candies, TOOTSIE ROLL, chocolate-flavor roll \(NDB#: 19064\)](#)
123. [Candies, truffles, prepared-from-recipe \(NDB#: 19138\)](#)
124. [Candies, TWIZZLERS CHERRY BITES \(NDB#: 19067\)](#)
125. [Candies, TWIZZLERS NIBS CHERRY BITS \(NDB#: 19092\)](#)
126. [Candies, TWIZZLERS Strawberry Twists Candy \(NDB#: 19112\)](#)
127. [Candies, WATCHAMACALLIT Candy Bar \(NDB#: 19162\)](#)
128. [Candies, white chocolate \(NDB#: 19087\)](#)
129. [Candies, YORK BITES \(NDB#: 19181\)](#)
130. [Candies, YORK Peppermint Pattie \(NDB#: 19091\)](#)
131. [Chewing gum \(NDB#: 19163\)](#)
132. [Chewing gum, sugarless \(NDB#: 43060\)](#)
133. [Chocolate-flavored hazelnut spread \(NDB#: 19125\)](#)
134. [Cocoa, dry powder, hi-fat or breakfast, plain \(NDB#: 19859\)](#)
135. [Cocoa, dry powder, hi-fat or breakfast, processed with alkali \(NDB#: 19860\)](#)
136. [Cocoa, dry powder, unsweetened \(NDB#: 19165\)](#)
137. [Cocoa, dry powder, unsweetened, HERSHEY'S European Style Cocoa \(NDB#: 19171\)](#)
138. [Cocoa, dry powder, unsweetened, processed with alkali \(NDB#: 19166\)](#)
139. [Desserts, apple crisp, prepared-from-recipe \(NDB#: 19186\)](#)
140. [Desserts, egg custard, baked, prepared-from-recipe \(NDB#: 19168\)](#)
141. [Desserts, flan, caramel custard, prepared-from-recipe \(NDB#: 19094\)](#)
142. [Desserts, mousse, chocolate, prepared-from-recipe \(NDB#: 19182\)](#)
143. [Desserts, rennin, chocolate, dry mix \(NDB#: 19220\)](#)
144. [Desserts, rennin, tablets, unsweetened \(NDB#: 19225\)](#)
145. [Desserts, rennin, vanilla, dry mix \(NDB#: 19222\)](#)
146. [Egg custards, dry mix \(NDB#: 19169\)](#)
147. [Egg custards, dry mix, prepared with 2% milk \(NDB#: 19205\)](#)
148. [Egg custards, dry mix, prepared with whole milk \(NDB#: 19170\)](#)
149. [Flan, caramel custard, dry mix \(NDB#: 19187\)](#)
150. [Flan, caramel custard, dry mix, prepared with 2% milk \(NDB#: 19231\)](#)
151. [Flan, caramel custard, dry mix, prepared with whole milk \(NDB#: 19232\)](#)
152. [Frostings, chocolate, creamy, dry mix \(NDB#: 19240\)](#)
153. [Frostings, chocolate, creamy, dry mix, prepared with butter \(NDB#: 19241\)](#)
154. [Frostings, chocolate, creamy, dry mix, prepared with margarine \(NDB#: 19372\)](#)
155. [Frostings, chocolate, creamy, ready-to-eat \(NDB#: 19226\)](#)
156. [Frostings, coconut-nut, ready-to-eat \(NDB#: 19227\)](#)
157. [Frostings, cream cheese-flavor, ready-to-eat \(NDB#: 19228\)](#)
158. [Frostings, glaze, chocolate, prepared-from-recipe, with butter, NFSMI Recipe No. C-32 \(NDB#: 19409\)](#)
159. [Frostings, glaze, prepared-from-recipe \(NDB#: 19375\)](#)
160. [Frostings, vanilla, creamy, dry mix \(NDB#: 19244\)](#)

161. [Frostings, vanilla, creamy, dry mix, prepared with margarine \(NDB#: 19371\)](#)
162. [Frostings, vanilla, creamy, ready-to-eat \(NDB#: 19230\)](#)
163. [Frostings, white, fluffy, dry mix \(NDB#: 19246\)](#)
164. [Frostings, white, fluffy, dry mix, prepared with water \(NDB#: 19247\)](#)
165. [Frozen novelites, juice type, juice with cream \(NDB#: 43450\)](#)
166. [Frozen novelties, Fat Free FUDGESICLE bars \(NDB#: 19872\)](#)
167. [Frozen novelties, fruit and juice bars \(NDB#: 19263\)](#)
168. [Frozen novelties, ice cream type, chocolate or caramel covered, with nuts \(NDB#: 43506\)](#)
169. [Frozen novelties, ice cream type, sundae, prepackaged \(NDB#: 43269\)](#)
170. [Frozen novelties, ice cream type, vanilla ice cream, light, no sugar added, chocolate coated \(NDB#: 42074\)](#)
171. [Frozen novelties, ice type, fruit, no sugar added \(NDB#: 19217\)](#)
172. [Frozen novelties, ice type, italian, restaurant-prepared \(NDB#: 19281\)](#)
173. [Frozen novelties, ice type, lime \(NDB#: 19280\)](#)
174. [Frozen novelties, ice type, pineapple-coconut \(NDB#: 19387\)](#)
175. [Frozen novelties, ice type, pop \(NDB#: 19283\)](#)
176. [Frozen novelties, ice type, pop, with low calorie sweetener \(NDB#: 43514\)](#)
177. [Frozen novelties, ice type, sugar free, orange, cherry, and grape POPSICLE pops \(NDB#: 19873\)](#)
178. [Frozen novelties, juice type, orange \(NDB#: 43346\)](#)
179. [Frozen novelties, juice type, POPSICLE SCRIBBLERS \(NDB#: 19856\)](#)
180. [Frozen novelties, KLONDIKE, SLIM-A-BEAR Chocolate Cone \(NDB#: 19886\)](#)
181. [Frozen novelties, KLONDIKE, SLIM-A-BEAR Chocolate Sandwich \(NDB#: 19888\)](#)
182. [Frozen novelties, KLONDIKE, SLIM-A-BEAR Fudge Bar, 98% fat free, no sugar added \(NDB#: 19874\)](#)
183. [Frozen novelties, KLONDIKE, SLIM-A-BEAR Mint Sandwich \(NDB#: 19889\)](#)
184. [Frozen novelties, KLONDIKE, SLIM-A-BEAR Vanilla Cone \(NDB#: 19885\)](#)
185. [Frozen novelties, KLONDIKE, SLIM-A-BEAR Vanilla Sandwich \(NDB#: 19887\)](#)
186. [Frozen novelties, KLONDIKE, SLIM-A-BEAR, No Sugar Added, Stickless Bar \(NDB#: 19890\)](#)
187. [Frozen novelties, No Sugar Added CREAMSICLE Pops \(NDB#: 19891\)](#)
188. [Frozen novelties, No Sugar Added, FUDGESICLE pops \(NDB#: 19871\)](#)
189. [Frozen novelties, Sugar Free, CREAMSICLE Pops \(NDB#: 19892\)](#)
190. [Frozen yogurts, chocolate \(NDB#: 42186\)](#)
191. [Frozen yogurts, chocolate, nonfat milk, sweetened without sugar \(NDB#: 42185\)](#)
192. [Frozen yogurts, chocolate, soft-serve \(NDB#: 19393\)](#)
193. [Frozen yogurts, flavors other than chocolate \(NDB#: 42187\)](#)
194. [Frozen yogurts, vanilla, soft-serve \(NDB#: 19293\)](#)
195. [Fruit butters, apple \(NDB#: 19294\)](#)
196. [Gelatin desserts, dry mix \(NDB#: 19172\)](#)
197. [Gelatin desserts, dry mix, prepared with water \(NDB#: 19173\)](#)
198. [Gelatin desserts, dry mix, reduced calorie, with aspartame \(NDB#: 19175\)](#)
199. [Gelatin desserts, dry mix, reduced calorie, with aspartame, added phosphorus, potassium, sodium, vitamin C \(NDB#: 19703\)](#)
200. [Gelatin desserts, dry mix, reduced calorie, with aspartame, no added sodium \(NDB#: 19704\)](#)
201. [Gelatin desserts, dry mix, reduced calorie, with aspartame, prepared with water \(NDB#: 19176\)](#)
202. [Gelatin desserts, dry mix, with added ascorbic acid, sodium-citrate and salt \(NDB#: 19702\)](#)
203. [Gelatin, dry powder, unsweetened \(NDB#: 19177\)](#)
204. [Honey \(NDB#: 19296\)](#)
205. [Ice creams, BREYERS, 98% Fat Free Chocolate \(NDB#: 19894\)](#)

206. [Ice creams, BREYERS, 98% Fat Free Vanilla \(NDB#: 19877\)](#)
207. [Ice creams, BREYERS, All Natural Light French Chocolate \(NDB#: 19893\)](#)
208. [Ice creams, BREYERS, All Natural Light French Vanilla \(NDB#: 19876\)](#)
209. [Ice creams, BREYERS, All Natural Light Mint Chocolate Chip \(NDB#: 19879\)](#)
210. [Ice creams, BREYERS, All Natural Light Vanilla \(NDB#: 19875\)](#)
211. [Ice creams, BREYERS, All Natural Light Vanilla Chocolate Strawberry \(NDB#: 19878\)](#)
212. [Ice creams, BREYERS, No Sugar Added, Butter Pecan \(NDB#: 19880\)](#)
213. [Ice creams, BREYERS, No Sugar Added, Chocolate Caramel \(NDB#: 19895\)](#)
214. [Ice creams, BREYERS, No Sugar Added, French Vanilla \(NDB#: 19881\)](#)
215. [Ice creams, BREYERS, No Sugar Added, Vanilla \(NDB#: 19882\)](#)
216. [Ice creams, BREYERS, No Sugar Added, Vanilla Chocolate Strawberry \(NDB#: 19884\)](#)
217. [Ice creams, BREYERS, No Sugar Added, Vanilla Fudge Twirl \(NDB#: 19883\)](#)
218. [Ice creams, chocolate \(NDB#: 19270\)](#)
219. [Ice creams, chocolate, light \(NDB#: 19114\)](#)
220. [Ice creams, chocolate, light, no sugar added \(NDB#: 19265\)](#)
221. [Ice creams, chocolate, rich \(NDB#: 43541\)](#)
222. [Ice creams, french vanilla, soft-serve \(NDB#: 19090\)](#)
223. [Ice Creams, HEALTHY CHOICE Praline and Caramel \(NDB#: 19259\)](#)
224. [Ice creams, regular, low carbohydrate, chocolate \(NDB#: 19899\)](#)
225. [Ice creams, regular, low carbohydrate, vanilla \(NDB#: 19898\)](#)
226. [Ice creams, strawberry \(NDB#: 19271\)](#)
227. [Ice creams, vanilla \(NDB#: 19095\)](#)
228. [Ice creams, vanilla, fat free \(NDB#: 19867\)](#)
229. [Ice creams, vanilla, light \(NDB#: 19088\)](#)
230. [Ice creams, vanilla, light, no sugar added \(NDB#: 19260\)](#)
231. [Ice creams, vanilla, light, soft-serve \(NDB#: 19096\)](#)
232. [Ice creams, vanilla, rich \(NDB#: 19089\)](#)
233. [Jams and preserves \(NDB#: 19297\)](#)
234. [Jams and preserves, apricot \(NDB#: 19719\)](#)
235. [Jams and preserves, dietetic \(with sodium saccharin\), any flavor \(NDB#: 43028\)](#)
236. [Jellies \(NDB#: 19300\)](#)
237. [Jellies, reduced sugar, home preserved \(NDB#: 44110\)](#)
238. [Marmalade, orange \(NDB#: 19303\)](#)
239. [Milk dessert, frozen, milk-fat free, chocolate \(NDB#: 42131\)](#)
240. [Molasses \(NDB#: 19304\)](#)
241. [Pectin, liquid \(NDB#: 42063\)](#)
242. [Pectin, unsweetened, dry mix \(NDB#: 19310\)](#)
243. [Pie fillings, apple, canned \(NDB#: 19312\)](#)
244. [Pie fillings, blueberry, canned \(NDB#: 44158\)](#)
245. [Pie fillings, canned, cherry \(NDB#: 19314\)](#)
246. [Pie fillings, cherry, low calorie \(NDB#: 43098\)](#)
247. [Pudding, lemon, dry mix, regular, prepared with sugar, egg yolk and water \(NDB#: 19333\)](#)
248. [Puddings, all flavors except chocolate, low calorie, instant, dry mix \(NDB#: 44260\)](#)
249. [Puddings, all flavors except chocolate, low calorie, regular, dry mix \(NDB#: 44259\)](#)
250. [Puddings, banana, dry mix, instant \(NDB#: 19318\)](#)
251. [Puddings, banana, dry mix, instant, prepared with 2% milk \(NDB#: 19121\)](#)
252. [Puddings, banana, dry mix, instant, prepared with whole milk \(NDB#: 19319\)](#)
253. [Puddings, banana, dry mix, instant, with added oil \(NDB#: 19705\)](#)

254. [Puddings, banana, dry mix, regular \(NDB#: 19320\)](#)
255. [Puddings, banana, dry mix, regular, prepared with 2% milk \(NDB#: 19122\)](#)
256. [Puddings, banana, dry mix, regular, prepared with whole milk \(NDB#: 19321\)](#)
257. [Puddings, banana, dry mix, regular, with added oil \(NDB#: 19706\)](#)
258. [Puddings, chocolate flavor, low calorie, instant, dry mix \(NDB#: 44061\)](#)
259. [Puddings, chocolate flavor, low calorie, regular, dry mix \(NDB#: 44258\)](#)
260. [Puddings, chocolate, dry mix, instant \(NDB#: 19184\)](#)
261. [Puddings, chocolate, dry mix, instant, prepared with 2% milk \(NDB#: 19123\)](#)
262. [Puddings, chocolate, dry mix, instant, prepared with whole milk \(NDB#: 19185\)](#)
263. [Puddings, chocolate, dry mix, regular \(NDB#: 19188\)](#)
264. [Puddings, chocolate, dry mix, regular, prepared with 2% milk \(NDB#: 19190\)](#)
265. [Puddings, chocolate, dry mix, regular, prepared with whole milk \(NDB#: 19189\)](#)
266. [Puddings, chocolate, ready-to-eat \(NDB#: 19183\)](#)
267. [Puddings, chocolate, ready-to-eat, fat free \(NDB#: 19235\)](#)
268. [Puddings, coconut cream, dry mix, instant \(NDB#: 19322\)](#)
269. [Puddings, coconut cream, dry mix, instant, prepared with 2% milk \(NDB#: 19191\)](#)
270. [Puddings, coconut cream, dry mix, instant, prepared with whole milk \(NDB#: 19323\)](#)
271. [Puddings, coconut cream, dry mix, regular \(NDB#: 19324\)](#)
272. [Puddings, coconut cream, dry mix, regular, prepared with 2% milk \(NDB#: 19219\)](#)
273. [Puddings, coconut cream, dry mix, regular, prepared with whole milk \(NDB#: 19325\)](#)
274. [Puddings, lemon, dry mix, instant \(NDB#: 19330\)](#)
275. [Puddings, lemon, dry mix, instant, prepared with 2% milk \(NDB#: 19204\)](#)
276. [Puddings, lemon, dry mix, instant, prepared with whole milk \(NDB#: 19331\)](#)
277. [Puddings, lemon, dry mix, regular \(NDB#: 19332\)](#)
278. [Puddings, lemon, dry mix, regular, with added oil, potassium, sodium \(NDB#: 19708\)](#)
279. [Puddings, rice, dry mix \(NDB#: 19194\)](#)
280. [Puddings, rice, dry mix, prepared with 2% milk \(NDB#: 19208\)](#)
281. [Puddings, rice, dry mix, prepared with whole milk \(NDB#: 19195\)](#)
282. [Puddings, rice, ready-to-eat \(NDB#: 19193\)](#)
283. [Puddings, tapioca, dry mix \(NDB#: 19198\)](#)
284. [Puddings, tapioca, dry mix, prepared with 2% milk \(NDB#: 19209\)](#)
285. [Puddings, tapioca, dry mix, prepared with whole milk \(NDB#: 19199\)](#)
286. [Puddings, tapioca, dry mix, with no added salt \(NDB#: 19709\)](#)
287. [Puddings, tapioca, ready-to-eat \(NDB#: 19218\)](#)
288. [Puddings, tapioca, ready-to-eat, fat free \(NDB#: 19234\)](#)
289. [Puddings, vanilla, dry mix, instant \(NDB#: 19202\)](#)
290. [Puddings, vanilla, dry mix, instant, prepared with whole milk \(NDB#: 19203\)](#)
291. [Puddings, vanilla, dry mix, regular \(NDB#: 19206\)](#)
292. [Puddings, vanilla, dry mix, regular, prepared with 2% milk \(NDB#: 19212\)](#)
293. [Puddings, vanilla, dry mix, regular, prepared with whole milk \(NDB#: 19207\)](#)
294. [Puddings, vanilla, dry mix, regular, with added oil \(NDB#: 19710\)](#)
295. [Puddings, vanilla, ready-to-eat \(NDB#: 19201\)](#)
296. [Puddings, vanilla, ready-to-eat, fat free \(NDB#: 19233\)](#)
297. [Rennin, chocolate, dry mix, prepared with 2% milk \(NDB#: 19213\)](#)
298. [Rennin, chocolate, dry mix, prepared with whole milk \(NDB#: 19221\)](#)
299. [Rennin, vanilla, dry mix, prepared with 2% milk \(NDB#: 19214\)](#)
300. [Rennin, vanilla, dry mix, prepared with whole milk \(NDB#: 19223\)](#)
301. [Sherbet, orange \(NDB#: 19097\)](#)

302. [Snacks, fruit leather, pieces \(NDB#: 19013\)](#)
303. [Snacks, fruit leather, rolls \(NDB#: 19014\)](#)
304. [Sugars, brown \(NDB#: 19334\)](#)
305. [Sugars, granulated \(NDB#: 19335\)](#)
306. [Sugars, maple \(NDB#: 19340\)](#)
307. [Sugars, powdered \(NDB#: 19336\)](#)
308. [Sweeteners, tabletop, aspartame, EQUAL, packets \(NDB#: 19337\)](#)
309. [Sweeteners, tabletop, fructose, dry, powder \(NDB#: 43216\)](#)
310. [Sweeteners, tabletop, fructose, liquid \(NDB#: 44018\)](#)
311. [Sweeteners, tabletop, saccharin \(NDB#: 43158\)](#)
312. [Sweeteners, tabletop, sucralose, SLENDA packets \(NDB#: 19868\)](#)
313. [Syrups, chocolate, fudge-type \(NDB#: 19348\)](#)
314. [Syrups, chocolate, HERSHEY'S Genuine Chocolate Flavored Lite Syrup \(NDB#: 19345\)](#)
315. [Syrups, corn, dark \(NDB#: 19349\)](#)
316. [Syrups, corn, high-fructose \(NDB#: 19351\)](#)
317. [Syrups, corn, light \(NDB#: 19350\)](#)
318. [Syrups, dietetic \(NDB#: 43026\)](#)
319. [Syrups, grenadine \(NDB#: 42040\)](#)
320. [Syrups, malt \(NDB#: 19352\)](#)
321. [Syrups, maple \(NDB#: 19353\)](#)
322. [Syrups, sorghum \(NDB#: 19355\)](#)
323. [Syrups, table blends, cane and 15% maple \(NDB#: 19361\)](#)
324. [Syrups, table blends, corn, refiner, and sugar \(NDB#: 19362\)](#)
325. [Syrups, table blends, pancake \(NDB#: 19129\)](#)
326. [Syrups, table blends, pancake, reduced-calorie \(NDB#: 19128\)](#)
327. [Syrups, table blends, pancake, with 2% maple \(NDB#: 19360\)](#)
328. [Syrups, table blends, pancake, with 2% maple, with added potassium \(NDB#: 19720\)](#)
329. [Syrups, table blends, pancake, with butter \(NDB#: 19113\)](#)
330. [Toppings, butterscotch or caramel \(NDB#: 19364\)](#)
331. [Toppings, marshmallow cream \(NDB#: 19365\)](#)
332. [Toppings, nuts in syrup \(NDB#: 19367\)](#)
333. [Toppings, pineapple \(NDB#: 19366\)](#)
334. [Toppings, strawberry \(NDB#: 19137\)](#)

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## Other Groups

- [\[Baby Foods\]](#) [\[Baked Products\]](#) [\[Beef Products\]](#) [\[Beverages\]](#) [\[Breakfast Cereals\]](#)
- [\[Cereal Grains and Pasta\]](#) [\[Dairy & Egg Products\]](#) [\[Ethnic Foods\]](#) [\[Fast Foods\]](#)
- [\[Fats & Oils\]](#) [\[Finfish & Shellfish Products\]](#) [\[Fruits and Fruit Juices\]](#)
- [\[Lamb, Veal, and Game Products\]](#) [\[Legumes and Legume Products\]](#)
- [\[Meals, Entrees, and Sidedishes\]](#) [\[Nut and Seed Products\]](#)
- [\[Pork Products\]](#) [\[Poultry Products\]](#) [\[Sausages & Luncheon Meats\]](#)
- [\[Snacks\]](#) [\[Soups, Sauces, and Gravies\]](#) [\[Spices & Herbs\]](#)
- [\[Sweets\]](#) [\[Vegetables & Vegetable Products\]](#)

Based on USDA National Nutrient Database for Standard Reference, Release 20 (SR20)

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